

4 - 3ª jornada, 1ª sesión

31/05/2026

Prueba 28
31/05/2026

400m Estilos

20 años y mayores
Resultados

Clasificación	AN		Tiempo	RT
20+, Masc.				
1. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz	5:44.12	19,00
100m: 1:14.17 1:14.17 200m: 2:39.71 1:25.54 300m: 4:29.18 1:49.47 400m: 5:44.12 1:14.94				
Baja GUILLEN PEÑA, Victor	02	A.D. Santa Cruz	-	
25+, Masc.				
1. RUIZ SEIJO, Brais	98	C.N. Vulcania Master	5:08.67	19,00
100m: 1:06.35 1:06.35 200m: 2:29.92 1:23.57 300m: 3:57.82 1:27.90 400m: 5:08.67 1:10.85				
2. MATAS MONROY, Javier Hernan	00	C.N. Salinas Sta. Luc	7:21.65	16,00
100m: 1:49.72 1:49.72 200m: 3:47.77 1:58.05 300m: 5:44.29 1:56.52 400m: 7:21.65 1:37.36				
45+, Masc.				
1. GUEDES ALONSO, Francisco Yeray	80	C.N. Valleverde	7:06.35	19,00
100m: 1:45.19 1:45.19 200m: 3:41.03 1:55.84 300m: 5:32.62 1:51.59 400m: 7:06.35 1:33.73				
NP RUIZ PEREZ, Fernando	81	A.D. Santa Cruz	-	
50+, Masc.				
1. GIL HENRIQUEZ, Jorge Juan	72	C.N. Las Palmas	8:24.20	19,00
100m: 1:56.63 1:56.63 200m: 4:11.85 2:15.22 300m: 6:54.28 2:42.43 400m: 8:24.20 1:29.92				
60+, Masc.				
1. FERNANDEZ LOVERA, Juan	65	C.N. Carucagua	8:31.16	19,00
100m: 2:01.63 2:01.63 200m: 4:06.79 2:05.16 300m: 6:50.00 2:43.21 400m: 8:31.16 1:41.16				
75+, Masc.				
1. BREMON PEREZ, Carlos	47	C. Tenerife Masters	8:55.19	19,00
100m: 2:10.06 2:10.06 200m: 4:30.36 2:20.30 300m: 7:03.87 2:33.51 400m: 8:55.19 1:51.32				
20+, Fem.				
1. CABRERA BLANCO, Irina	04	Club Deportivo Teimar	6:36.37	19,00
100m: 1:31.65 1:31.65 200m: 3:14.46 1:42.81 300m: 5:04.14 1:49.68 400m: 6:36.37 1:32.23				
25+, Fem.				
DSQ FELIPE RODRIGUEZ, Ylenia Del Carme	01	C.N. Las Palmas	-	
40+, Fem.				
1. BERNARDOS CRUZ, Idoia	83	C.N. Metropole	6:41.51	19,00
100m: 1:30.10 1:30.10 200m: 3:18.90 1:48.80 300m: 5:07.26 1:48.36 400m: 6:41.51 1:34.25				

Prueba 28, 400m Estilos

45+, Fem.

1.	GUTIERREZ GARCIA, Noelia	78	C. Tenerife Masters	7:00.46	19,00
	100m: 1:36.12 1:36.12	200m: 3:29.54 1:53.42	300m: 5:24.87 1:55.33	400m: 7:00.46 1:35.59	

55+, Fem.

1.	NEGRIN FIGUEROA, Elena	70	C. Tenerife Masters	7:13.11	19,00
	100m: 1:55.59 1:55.59	200m: 3:42.14 1:46.55	300m: 5:39.42 1:57.28	400m: 7:13.11 1:33.69	
2.	GLAUBITZ, Susanne	70	C.D. Nonadamos	8:58.15	16,00
	100m: 2:08.73 2:08.73	200m: 4:44.20 2:35.47	300m: 6:59.73 2:15.53	400m: 8:58.15 1:58.42	